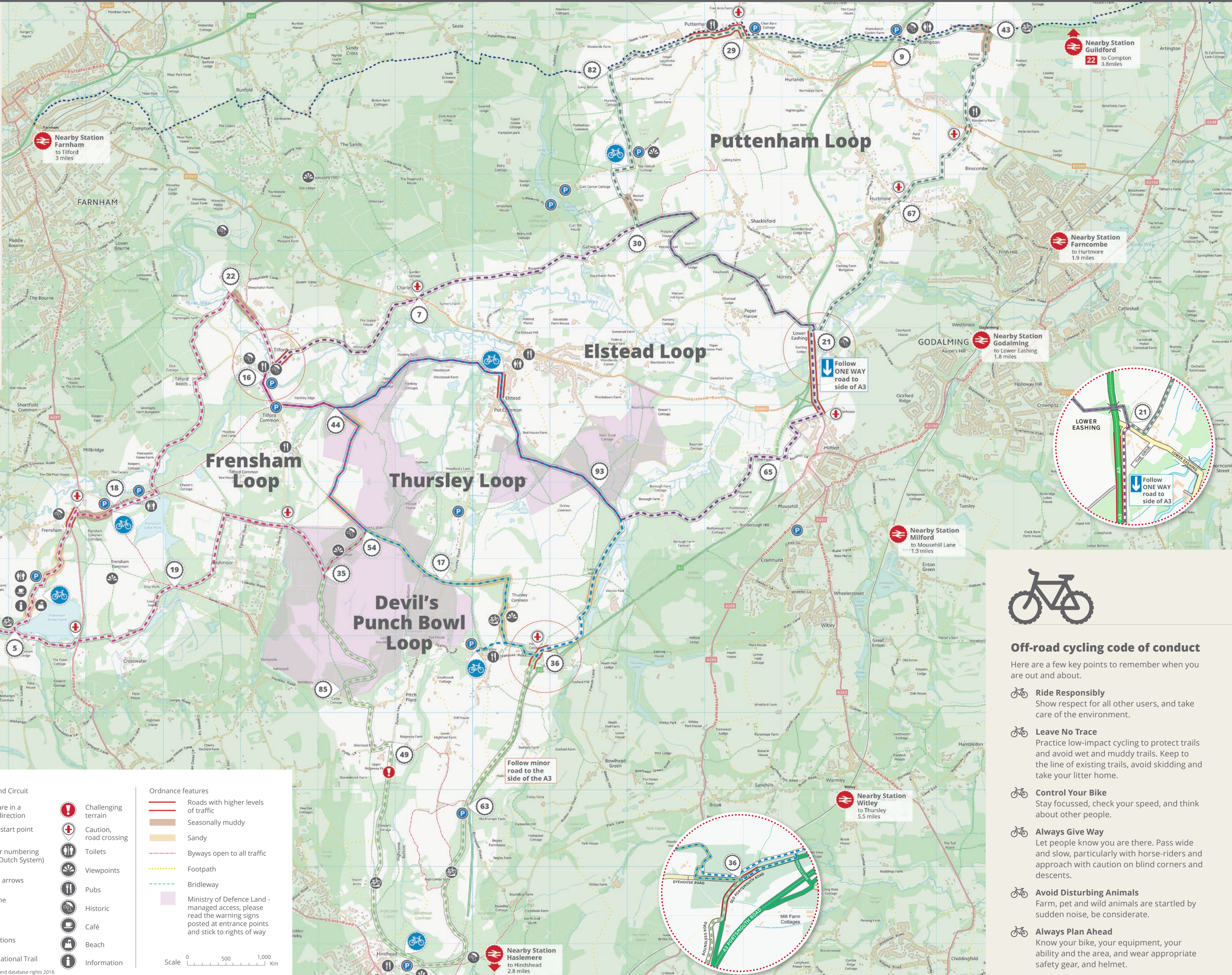




Cycling is the ideal way to see and experience the Surrey Hills Area of Outstanding Natural Beauty (AONB), get active and improve fitness.

Cycle Surrey Hills is a network connecting over 80km (50 miles) of byways, brideways and quiet road routes in South West Surrey. There are five interlinking off-road routes providing a variety of options to explore the very best of this beautiful area.

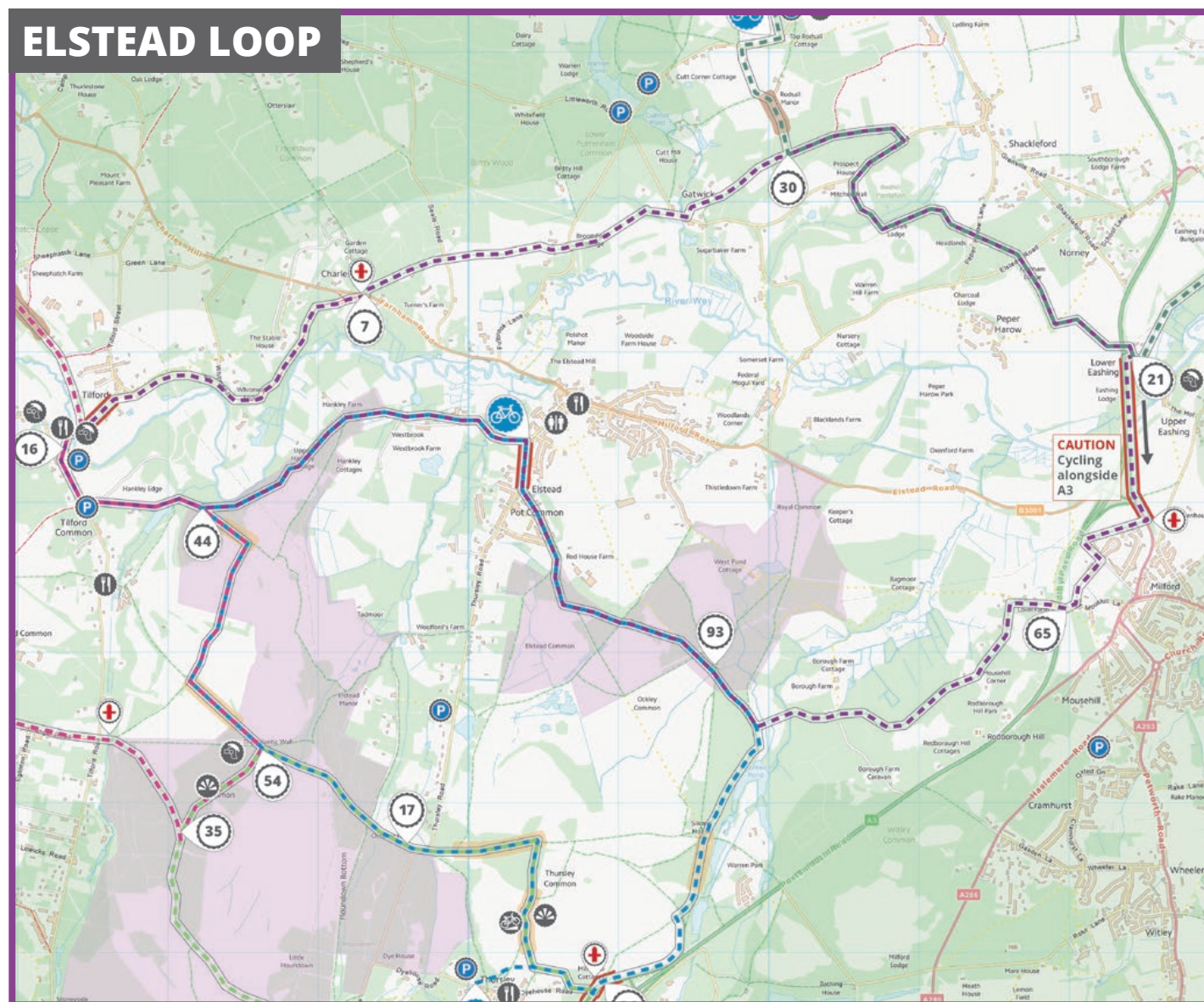
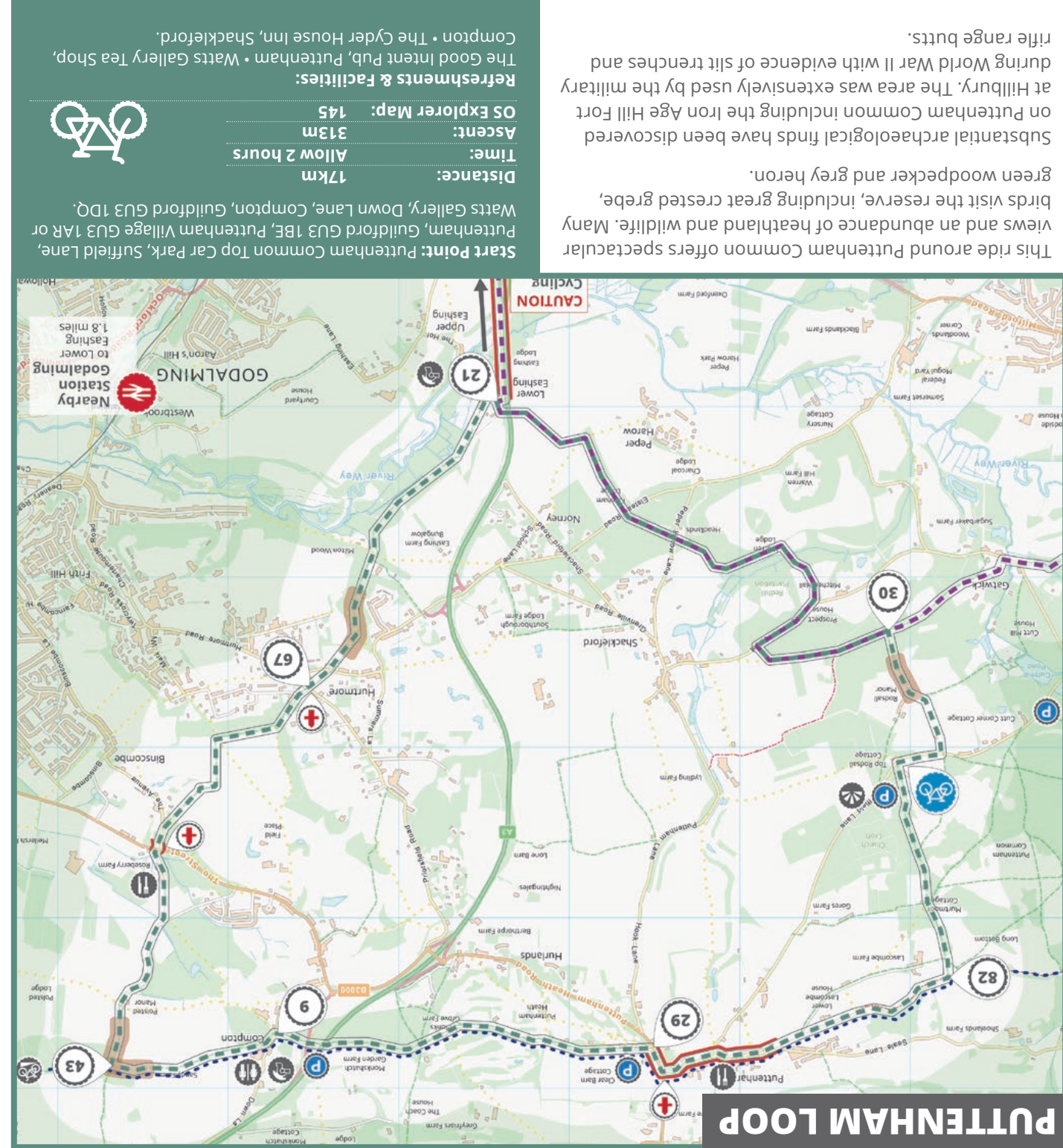
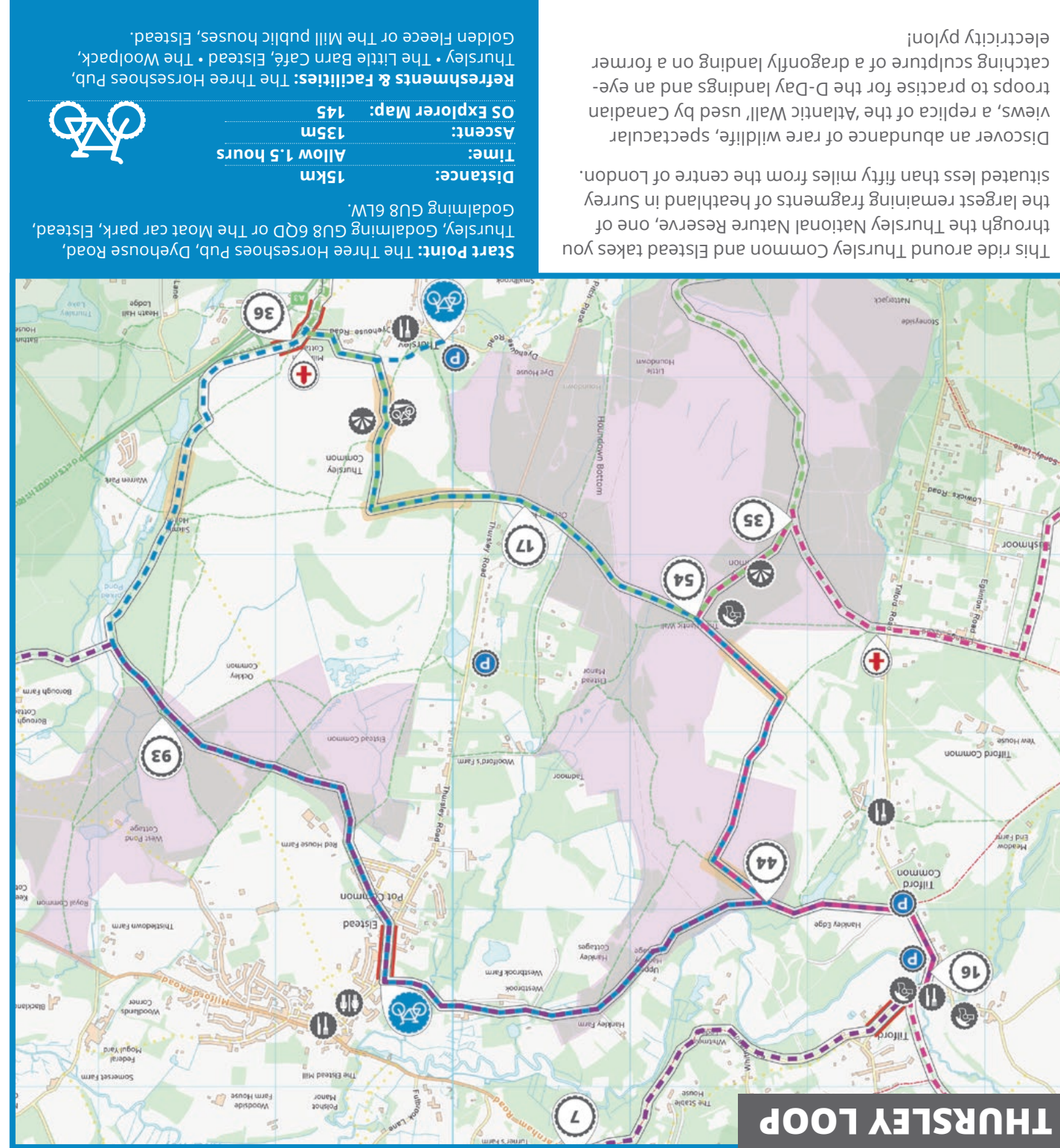
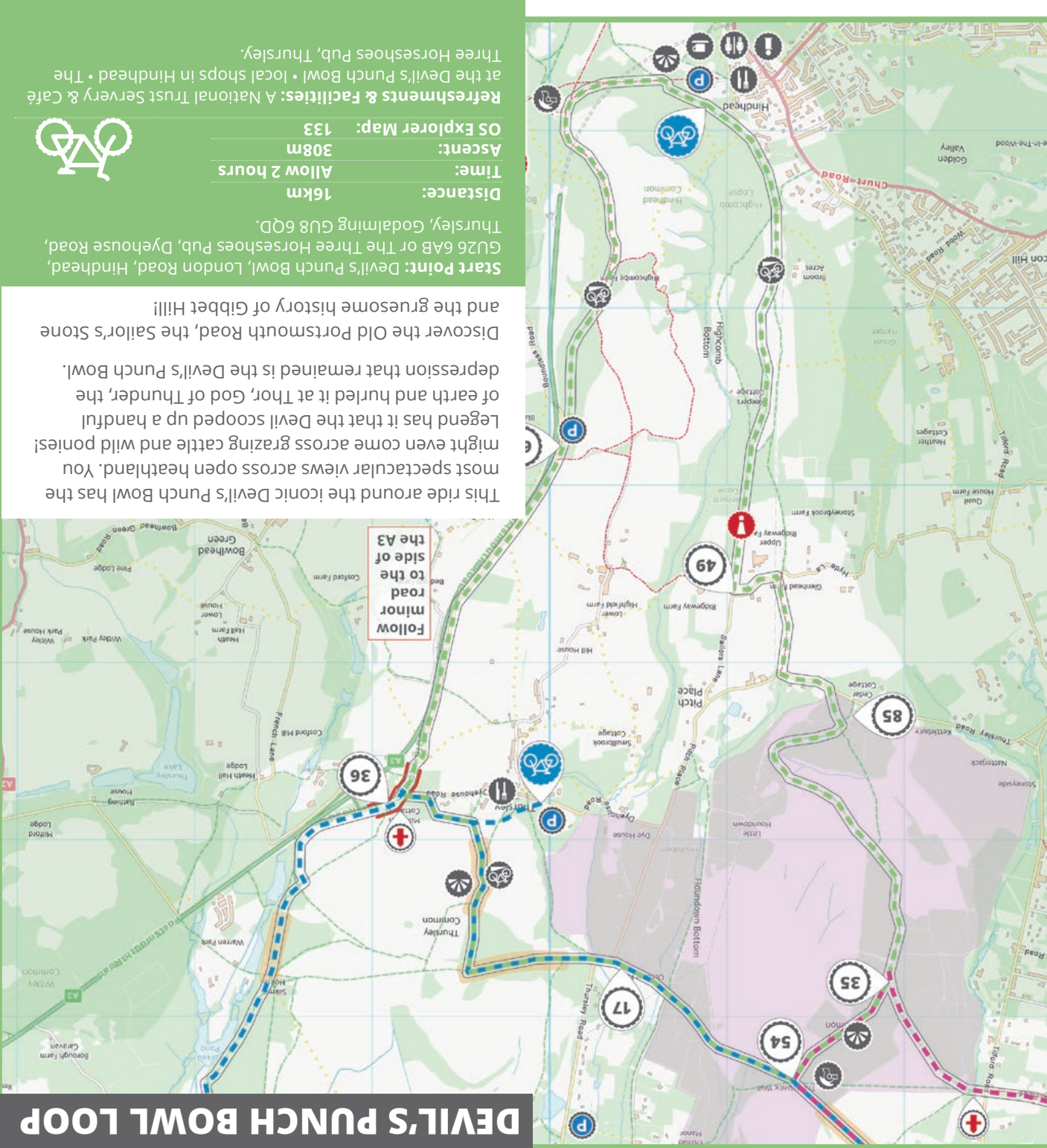
Discover spectacular views, open heathland, fascinating history, an abundance of wildlife, great local pubs and cafés. You can access the trails by road, linking to railway stations, or car parking is available at the suggested start points.



Off-road cycling code of conduct

Here are a few key points to remember when you are out and about.

- Ride Responsibly**
Show respect for all other users, and take care of the environment.
- Leave No Trace**
Practice low-impact cycling to protect trails and avoid wet and muddy trails. Keep to the line of existing trails, avoid skidding and take your litter home.
- Control Your Bike**
Stay focussed, check your speed, and think about other people.
- Always Give Way**
Let people know you are there. Pass wide and slow, particularly with horse-riders and approach with caution on blind corners and descents.
- Avoid Disturbing Animals**
Farm, pet and wild animals are startled by sudden noise, be considerate.
- Always Plan Ahead**
Know your bike, your equipment, your ability and the area, and wear appropriate safety gear, and helmet.



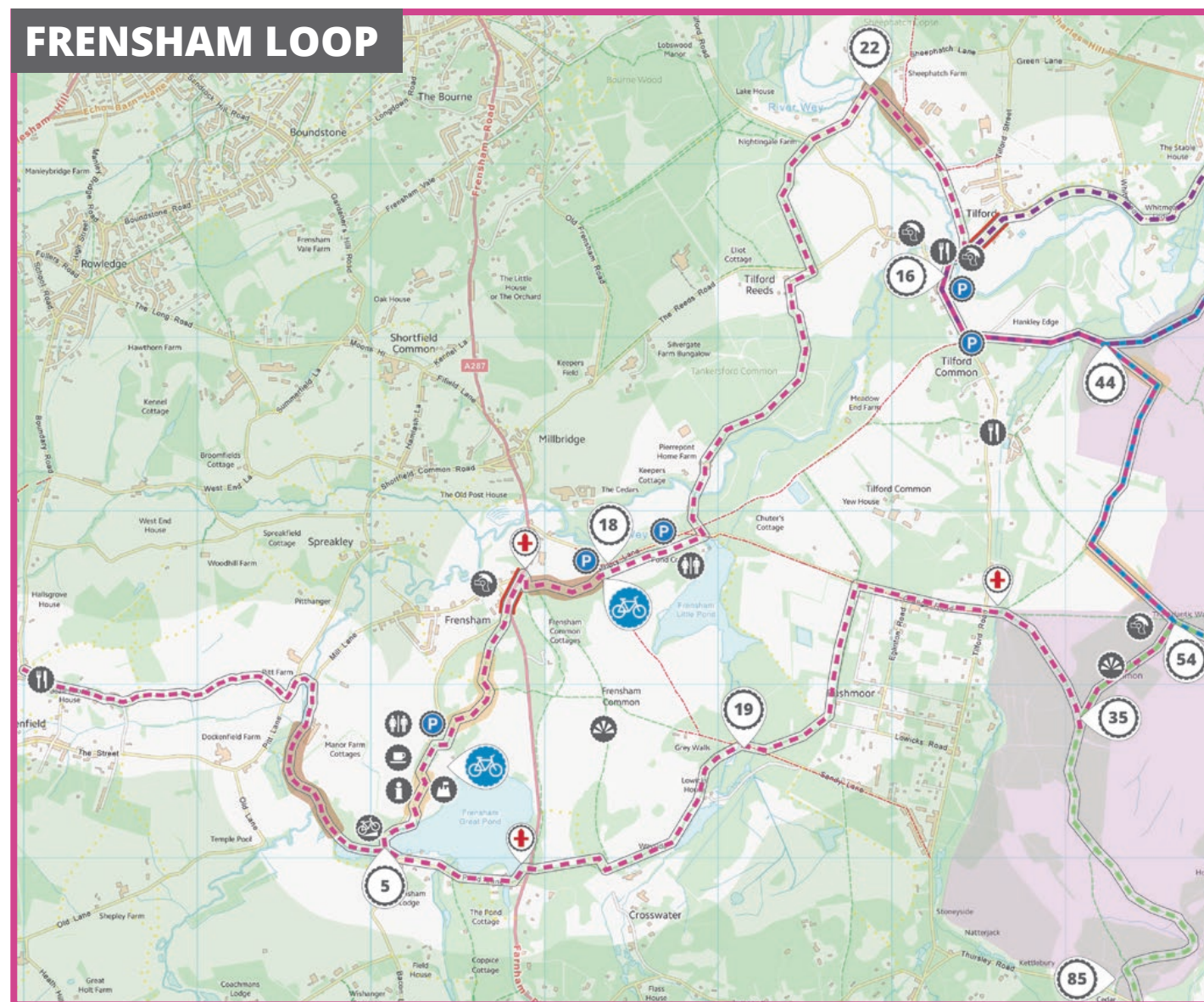
This ride takes you across Hankley & Elstead Commons offering some of the finest remaining heathland in Southern England and a nationally important habitat for bird, reptile and invertebrate populations.

Discover a vast expanse of common land, wonderful views and delightful rural villages.

Start Point:
Elstead Village, Godalming GU8 6DG. (limited parking)

Distance:	20.8km
Time:	Allow 2.5 hours
Ascent:	286m
OS Explorer Map:	145

Refreshments & Facilities:
The Three Horseshoes Pub, Thursley • The Little Barn Café, Elstead • The Woolpack, Golden Fleece or The Mill public houses, Elstead.



This ride takes you past Frensham Great & Little Ponds traversing some of the wildest and most spectacular scenery in the Surrey Hills. The landscape is beautiful and vast here with far reaching views across Frensham Common and the Ponds nestled amongst the heathland. Discover medieval bridges, World War II pillboxes, a replica of the 'Atlantic Wall', used by Canadian troops to practise for the D-Day landings and Surrey's secret beach!

Start Point: Frensham Great Pond, Bacon Lane, Churt, GU10 2QB or Frensham Little Pond, Priory Lane, Frensham, Surrey, GU10 3BT.

Distance:	17km
Time:	Allow 2 hours
Ascent:	168m
OS Explorer Map:	145

Refreshments & Facilities: A National Trust Served at Frensham Little Pond • Snack bar at Frensham Great Pond • Barley Mow Pub, Tilford.



About the Routes

Cycling is the ideal way to experience the Surrey Hills Area of Outstanding Natural Beauty (AONB), get active and improve fitness.

Cycle Surrey Hills is a network of over 80km (50 miles) of off-road cycle trails in South West Surrey. There are 5 interlinking routes providing a variety of options to explore the very best of this beautiful area.

You will need a mountain bike as the trails are mainly on bridleways, that are not suitable for road bikes, and you may need to push through certain sections, particularly when the trails are muddy in winter. The trails are also shared with other countryside users so please remember to 'share with care' and give way to horses and walkers.

In partnership with the National Trust, Surrey County Council, Surrey Hills AONB Board, Waverley Borough Council, Parish Councils and Landowners.

Funded by

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